



INDIANA STATE NURSES ASSISTANCE PROGRAM
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Use of Controlled Substances while in a Recovery Monitoring Agreement (RMA)

By State Statute (848 IAC 7-1-3 and 7-1-6), ISNAP is an abstinence-based program. As such, the use of controlled substances must be very short-term and very limited.

When visiting a health care practitioner (MD, DO, DD, NP), you must inform them that you are in monitoring with ISNAP. Bring this form along with you if there is a possibility that you may be prescribed a controlled substance.

Before prescribing any controlled substance, the attending practitioner must list any attempted non-narcotic alternatives that were pursued prior to prescribing a narcotic medication. **Note: Suboxone is not approved and Tramadol is treated as a controlled substance.**

If a controlled substance is prescribed, the duration must be time limited and the nurse must refrain from work while taking the controlled substance.

Patient's Name: _____ **Date:** _____

Practitioner: _____ **Phone #:** _____

Presenting Problem: _____

Has the nurse tried any non-narcotic alternatives? No Yes – If yes, what?

If necessary, what controlled substances have been prescribed and for how long?

Verbally notify ISNAP of any controlled substances prescribed and send a copy of the prescription, along with this form to ISNAP.